Starport Foods



Bombay Curry Chicken Gluten Free



Ingredients

Foodservice Serving

1½ C. Coconut Curry Sauce (Gluten free

Starport 123)

Spicy Red Hunan Sauce (Gluten Free

Starport 212)

2 lbs. Chicken, thigh or breast, marinated and

velvetized (see below), chunks 1"

6 oz. Celery, roll-cut 1"

6 oz. Onions, cut 1"

8 oz. Carrots, roll-cut 1"

16 oz. Potatoes, roll-cut 1"

10 oz. Kidney beans, canned, drained

1 Tbsp. Vegetable oil



Ingredients



Velvetized chicken and fried potatoes and carrots

Instructions

- 1. Marinate and velvetize chicken (see below).
- 2. Deep fry potatoes and carrots at 370°F for 4-5 minutes until softened.
- 3. Drain canned kidney beans and set aside.
- 4. Heat pan or wok on high heat then add oil, celery and onions. Let sear about 30 seconds.
- 5. Add in velvetized chicken and sauté until done about 2 minutes.
- 6. Add in kidney beans, Coconut Curry Sauce and Spicy Red Hunan Sauce.
- 7. Stir until steaming hot and remove.
- 8. Garnish with green onions and red or green jalapenos.

Chicken Marinade and Velvetization

- 1. **To marinate:** For 10 lbs. sliced or diced chicken, dissplve 0.4 lb. (% C.) **Marinade Seasoning** (Starport 356) in 1¼ C. water then add 1 C. corn oil. Mix well and marinate meat for 30 minutes or more.
- 2. **To velvetize:** Oil blanch chicken in deep fryer at 350°F in 2-pound batches for 60-80 seconds, unclumping the chicken pieces with tongs. Chicken will NOT be fully cooked. Remove and drain.

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3.	When cool	place in covered	l container and	l refrigerate until	ready to use	Make batch daily.