Starport Foods



Sesame Chicken



Ingredients Serves 3

1 C.	Sesame Sauce (see below)
2 lbs.	Chicken breast (or thigh), skinless, boneless, 1" x 1" x ½" thick
1¼ C.	Crispy Seasoning Batter (Starport 354)
5/8 C.	Toasted sesame seeds, divided
3 Tbsp.	Marinade Seasoning (Gluten Free Starport 356)
3 Tbsp.	Vegetable oil for marinade
3 Tbsp.	Water for marinade
1 ea.	Red bell pepper, 1" x 1"
4 stalks	Green onions, chopped and minced
5 sprigs	Cilantro, chopped and minced
1 Tbsp.	Garlic, minced
½ C.	Garlic Sesame Marinade & Glaze (Starport 209)
¹⁄4 C.	Hawaiian Sweet and Sour Sauce (Starport 215)
¹⁄4 C.	Rice vinegar
¹⁄4 C.	Sugar
2 oz.	Fried rice noodles for garnish, optional

Instructions



- 1. Mix 3 Tbsp. each of **Marinade Seasoning**, oil and water in a bowl.
- 2. Add marinade mixture to chicken pieces, mix well and marinate for an hour or more. Refrigerate until ready to use.
- 3. Mix **Sesame Sauce** as described below and set aside.
- 4. Mix 1¼ C. Crispy Seasoning Batter, ¼ C sesame seeds, 3 Tbsp. chopped cilantro and 1½ C. of water and set aside. Reserve ¼ C. of batter for red bell peppers.
- 5. Divide marinated chicken into 4 batches. Dip in batter and drop individually into deep fryer to separate nuggets. Fry each batch at 370°F for 2 minutes. Remove and drain.
- 6. Just before serving, re-fry each batch for 3-4 minutes until golden and crispy. Remove and drain.
- 7. Dip red bell peppers in ¼ C batter and deep fry for 3 minutes just before serving.
- 8. Plate chicken and red bell peppers on a bed of fried rice noodles. Drizzle with ½ C. **Sesame Sauce** and garnish with chopped green onions and sesame seeds. Optional: toss chicken and peppers in sauce, then plate.
- 9. Serve remaining **Sesame Sauce** in small dishes for dipping.



Option: Coat chicken with Sesame Sauce instead of drizzle with sauce prior to serving.

Sesame Sauce:

In a small pot, mix ½ C. Garlic Sesame Marinade & Glaze, ¼ C. Hawaiian Sweet and Sauce, ¼ C. rice vinegar and ¼ C. sugar. Heat sauce on medium heat, boil and reduce sauce until slightly thickened. Remove and place in a bowl. Before serving, add ¼ C. sesame seeds and 2 Tbsp. chopped green onions.