Starport Foods



Shrimp Chow Mein with Garlic Sesame Sauce



Ingredients: Serves 2

1/2 C. **Garlic Sesame Sauce*** (Starport 209)
Shrimp, shelled, de-veined medium

4 oz.

Egg noodles, cooked, (approx. 4oz.

fresh noodles)

1/4 each Red onions, sliced 1/4" 2 stalks Celery, sliced 1/4"

½ each Red bell pepper, sliced ¼"

2 Tbsp. Vegetable oil

2 sprigs Cilantro, for garnish (optional)

*Other delicious flavors from Starport for Chow Mein are: Classic Wok Sauce (Starport 250), Brown Stir Fry Sauce (Gluten Free Starport 214) and XOX Sweet Teriyaki (Starport 217).



Instructions

- 1. Cook egg noodles according to manufacturer's instructions.
 - Uncooked weight is about half of cooked fresh noodles.
- 2. Drain noodles and toss with 1 Tbsp. of oil to prevent sticking and set aside.
- 3. Heat pan on high heat, when hot, add oil, onions, celery, and sauté about 30 seconds.
- 4. Add shrimp and bell peppers, sear shrimp for about 30 seconds before stirring.
- 5. Add noodles and **Garlic Sesame Sauce** toss noodles until steaming hot and serve.



Noodle Option

- 1. Use steamed egg noodles (thin noodles) to make Chinese restaurant style pan fried crispy noodles.
- 2. Bring water to boil in a large pot, then add in steamed noodles, stir to loosen noodles about 30 seconds, remove and drain.
- 3. Toss noodles with 1 Tbsp. oil per pound of noodles.
- 4. Heat pan (or griddle), spread noodles and brown noodles like a pancake, flip to brown both sides of noodle cake. Top with stir fried ingredients.