## **Starport Foods**



## Vegan Gluten Free Kung Pao Tofu and Mushrooms



Ingredients for family serving

1/2 C	General Kung Pao Sauce (Starport 345 Gluten Free)
8 oz.	Tofu, firm, fresh, 1" sq. x ½" thick
1 C.	Shiitake or brown mushrooms, fresh, ¼ slices
½ C.	Red bell pepper, 1/4" sliced
½ C.	Red onions, 1/4" sliced
1 Tbsp.	Green onions, chopped for garnish
2 Tbsp.	Corn or vegetable oil

Other great Starport flavors are: **Spicy Red Hunan Sauce** (Gluten Free Starport 212), **Coconut Curry Sauce** (Gluten Free Starport 123)



## Instructions

- 1. Gently squeeze out packing water from tofu. Slice tofu into ½" thick 1' squares.
- 2. Marinate tofu with 2 Tbsp. **General Kung Pao Sauce** 15 minutes or longer.
- 3. Heat sauté pan at high heat. Add oil, then tofu and let tofu sear 30 seconds. Tofu may be deep fried until golden brown.
- 4. Add onions and bell peppers, sauté 30 seconds then add shiitake or brown mushrooms, and sauté another 30 seconds.
- 5. Add **General Kung Pao Sauce**, stir and remove when steaming hot.
- 6. Garnish with green onions.