## **Starport Foods**



## **Mongolian Beef**



**Ingredients:** Foodservice Size

20	$\sim$	C 5	• ~	C	L	Carras	(C+	122)
3 (	<b>∪•</b>	201	icv	Szec	nuan	Sauce	(Starp	ort 422)

1 C. Sugar

2.5 lbs. Beef sliced  $1x1x\frac{1}{8}$ " marinated (see below)

2 C. Crispy Seasoning Batter (Starport 354)

1 lb. Celery, sliced 1/4"

1.5 lb. Red bell pepper, sliced 1/4"

1 lb. Onions, sliced 1/4"

.5 lb. Baby corn, cut in ½" length

.1 lb. Green onions, chopped

2 Tbsp. Garlic-Ginger infusion (see below)

.5 lb. Rice sticks, fried (see the process below)

<sup>1</sup>/<sub>4</sub> C. Vegetable oil



Note: Rice sticks are not shown

Recipe: Mongolian Beef

## Instructions

- 1. Mix 3 C. Spicy Szechuan Sauce and 1 C. of sugar and set aside.
- 2. Slice beef and marinate using the instructions below.
- 3. Coat marinated beef with a Crispy Seasoning Batter.
- 4. Divide beef into 2 batches and deep fry each batch at 350°F for 3-5 minutes until crispy. Remove, drain, and set aside.
- 5. Oil blanch red bell pepper in the fryer at 350°F for 50-60 seconds; remove, drain, and set aside.
- 6. Heat a wok or griddle on high heat, add oil, spread onions and celery on the wok or griddle, and let sear for 30 seconds without stirring. Add garlic-ginger infusion and stir-fry for 20-30 seconds.
- 7. Add baby corn, stir-fry until hot (about 2 minutes), then add **Spicy Szechuan Sauce** and sugar mix.
- 8. Continue to stir-fry until steaming hot. Add fried beef, oil-blanched red bell peppers, ½ of the green onions and mix well.
- 9. Place on a bed of fried rice sticks and garnish with green onions.

For cook—to—order: Portion velvetized beef and refrigerate until ordered. When ordered, refry the beef for about 20 seconds, then cook the onions, celery, bell peppers, and baby corn as above.

\*Garlic/ginger—Mix two parts crushed fresh garlic with one part finely minced ginger root. Place in a pan, add enough oil to cover, and heat and stir until it reaches 170°F. Remove and refrigerate.

**To Marinate Beef:** For 10 lbs. sliced or cubed beef, dissolve 0.4 lb. (1C.) **Marinade Seasoning** (Gluten-Free Starport 356) in 1½ C. water, then add 1 C. corn oil. Mix well and marinate meat for 30 minutes or more.

**Rice stick preparation:** Deep-fry ¼ lb of rice sticks at 350°F until fully expanded and fluffy, about 20 seconds. Do not fry too long, or the noodles will turn brown. Drain on paper towels.